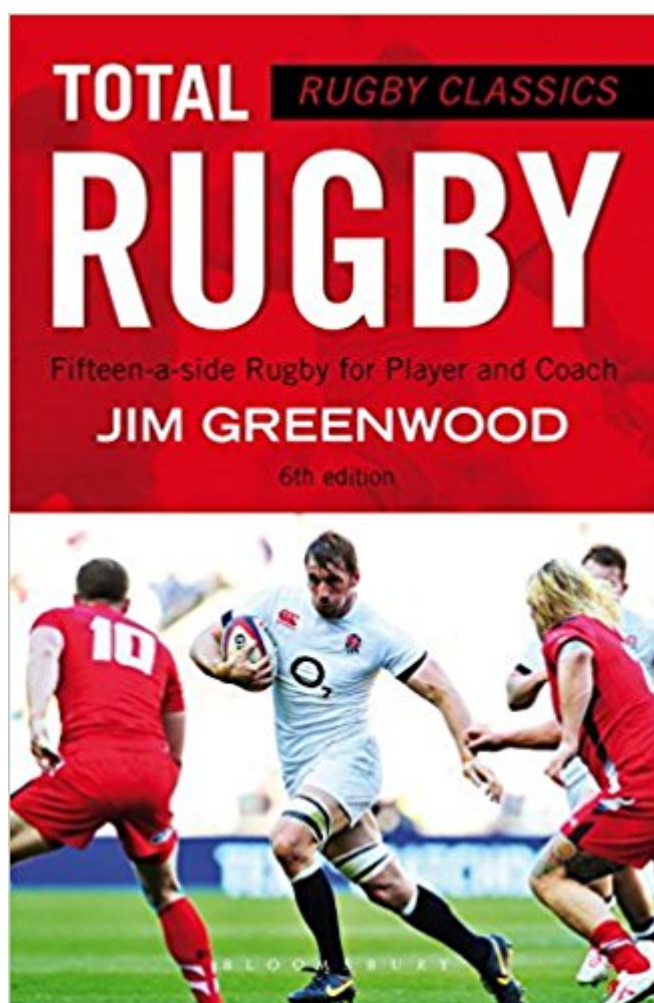


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Rugby Classics: Total Rugby: Fifteen-a-side Rugby For Player And Coach



Synopsis

Bloomsbury is proud to publish the Rugby Classics--two of the most important and influential books ever written on the game of rugby. Thousands of players and coaches around the globe have benefited from the concepts and methods in these books, equipping them with the coaching skills and strategy to play the very best in fifteen-a-side rugby. Total rugby is the antithesis of play-safe rugby--an open, ebullient game in which every player is encouraged to show what he can do as an attacker, defender, and supporting player. Highlighting inspirational rugby coach Jim Greenwood's radical examination of every facet of the game and his ability to clearly convey the wealth of knowledge he accumulated over many years in the sport, Total Rugby has become one of the game's most seminal coaching manuals.

Book Information

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Customer Reviews

"It's still the only rugby coaching book I regularly refer to . . . In my opinion, this book is unrivalled--it sets out to give detailed solutions to coaching problems. It asks for technical excellence, without letting small mistakes slip by--demanding thorough preparation and attention to detail." *—Sir Clive Woodward, Rugby World Cup & Winning England Head Coach* "I don't feel I started coaching properly until I read Jim Greenwood." *—Ian McGeechan O.B.E., former British Lions Coach* "It took maybe 20 minutes to recognise that Jim's way of coaching was the most effective I'd come across. I was an All Black then, and when I became the All Blacks coach I was into his methods, helped by his books. I still turn to them and

highly recommend them." "Wayne Smith, former All Blacks backs coach and Northampton Saints coach"Jim Greenwood remains the most important influence in my career. He was ahead of his time in every respect . . . without him women's rugby in the UK would not have been the same." "Lisa Burgess, Wales Assistant Coach and former Welsh captain"Jim Greenwood"His books are my inspiration; they are my 'bible.'" "Bill Freeman, former Director of Coaching, NZ Rugby Football Union

Jim Greenwood was one of world's most highly regarded rugby coaches and was a distinguished player before shaping the game internationally with his renowned coaching techniques. He was the first rugby coach to be elected to the National Coaching Foundation's inaugural Hall of Fame and was also elected as an official Legend of Scottish Rugby. His two books, Total Rugby and Think Rugby, are considered to be seminal works on the game.

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